



HSU Course Outline

Managing Challenging Behaviors

MCB2D

2 Days

Description

This two day course is designed to help offer Head Start staff a process for reflecting on their own practice, assessing difficult situations, and designing interventions through joint problem solving. This training will help Head Start staff understand their own behavior, their assumptions, and their relationships with children with challenging behaviors and with each other. Such an understanding reinforces the importance of teamwork, and provides the necessary foundation for developing strategies and using techniques that support children with challenging behaviors and their families.

Prerequisites

- Knowledge of the Head Start Performance Standards

Who Should Take This Course?

This course is designed for Head Start teaching teams and their immediate supervisors, family service workers, home visitors, managers, and other Head Start staff, as well as consultants.

Objectives

- ✓ Understand ways in which their own perceptions and experiences influence how they interact with children with challenging behaviors
- ✓ Understand how to develop a system for collecting data, and then using it to develop strategies that capitalize on children's strengths and needs
- ✓ Understand how to identify when and how to seek appropriate supports within the program and within the community in an effort to fully integrate children with challenging behaviors into their program
- ✓ Understand how continuing professional development offers strategies that supervisors can use to help staff apply new skills and extend their learning

Outline

Day One

Classroom Preventive Practices

- Examining Our Attitudes about Challenging Behaviors
- Understanding the Relationship between Challenging Behavior and Social Emotional Development
- Building Positive Relationships
- Designing the Physical Environments
- Schedules, Routines, and Transitions
- Planning Activities that Promotes Engagement
- Giving Directions
- Teaching Children Classroom Rules
- Ongoing Monitoring and Positive Attention
- Using Positive Feedback and Encouragement

Social Emotional Teaching Strategies

- Identifying the Importance of Teaching Social Emotional Skills
- Developing Friendship Skills
- Enhancing Emotional Literacy
- Identifying Feelings in Self and Others
- Controlling Anger and Impulse
- Developing Problem Solving Skills

Day Two

Individualized Intensive Interventions

- Overview of Positive Behavior Support
- Dimensions of Communication
- Behavior Equation
- Process of PBS, Building a Team
- Introduction to Functional Assessment
- Functional Assessment Observation
- Conduction Observations, Data to Collect

Functional Assessment Interview
Hypothesis Development
Process of PBS Overview
Components of a Behavior Support Plan
Building the Plan: Preventive Strategies
Building the Plan: Teaching New Replacement Skills
Responding to Challenging Behavior
Effective Teaming
Teaming Basics
Developing a Behavior Support Plan as a Team
Monitoring Outcomes
If Challenging Behavior Returns